

Middle School Activities

Activities Guidelines

The athletic program functions on an extracurricular basis and therefore student participation is completely voluntary. People judge the school system by the way participants in the various activities conduct themselves. It is imperative that quality standards of conduct, dress, grooming and training are established as a part of the athletic program. The School District 145 Activities Guidelines will be provided to students and parents involved in WMS Activities Programs. In order for any student to participate in an extracurricular activity he / she must be in attendance by 12:00 pm the day of the activity. This includes practices as well as games. The final determination on consequences and participation will be made by WMS administration.

Middle School Activities

The program goals are to provide students at this age level expanded opportunities for participation in sports activities. The activities recommended take into consideration the level of physical maturation of the students. The types of activities offered reflect student interests. Student attendance and participation in sports activities are encouraged. The sports program supports and contributes to the social development of students. A coaching staff is provided to direct and supervise activities.

Waverly Middle School offers an equal opportunity for all students to participate, grow, and compete in an athletic program to develop and exhibit their skills to the best of their abilities.

Attendance Prior to School Activities

1. Students participating in SCHOOL ACTIVITIES must be in attendance at school for at least a half day immediately prior to the scheduled activity (periods 5-8).
2. Exceptions may be made in the case of previously scheduled doctor or dental appointments or other unforeseen circumstances. a. Requests for such exceptions must be made to the building administrator prior to the time of the absence and activity.
3. Exceptions will not be made for illness or working.

Goals of Activities Programs

- Encourage all students to participate
- Develop self-motivation
- Develop positive self-discipline
- Develop Skills
- Build self-esteem
- Provide opportunity for personal and social growth
- Expand interest in lifetime and leisure activities

Current Athletics Programs (All programs are for 7 th/8 th only)

- Volleyball
- Football
- Cross Country
- Boys Basketball

- Girls Basketball
- Wrestling
- Boys and Girls Track

Other School Activities

Student Council
 Yearbook
 Jazz Band
 Art Club

Mentoring
 FCCLA
 Quiz Bowl
 SADD

Technology Club
 Swing Choir
 Challenge Club
 Honor Band

Intramural Programs

It is a priority to provide as many opportunities for all students to participate, grow, and compete in an athletic program. In order to continue this vision we have created an intramural program in the areas of volleyball and basketball due to the growing number of participants. The intramural program developed will allow for increased participation for all athletes involved in these two sports. It will also enable them to grow and compete in the athletic program to develop and exhibit their skills to the best of their abilities.

Sports physicals

Sports physicals and a parent permission form are required for all 7th and 8th grade athletics. These must be dated after May 1 of the current school year.

Red Cards

Students will be required to maintain passing grades in all academics. Students that earn an “F” or two “D’s” will receive a Red Card. Students will be expected to talk to those teachers who classes they are failing and devise a plan to improve his or her grade. Students are required to stay after school until 4pm with the the teachers and then may return to practice. Those students that do not achieve a passing grade in the required amount of time will not be allowed to participate in their sport for the following week.